

Long Distance Caregiver Assessment

1. How much weight has s/he lost?	
2. What are past health conditions?	
3. Is s/he able to keep house, wash clothes, grocery shop?	
4. Can s/he perform activities of daily living unassisted, i.e., eating, bathing, dressing, using the bathroom, & moving around the house?	
5. Is s/he taking medications as directed?	
6. What happened at the last doctor's appointment?	
7. When was the last time s/he had vision & hearing checked?	
8. Is s/he able to use adaptive equipment/assistive devices properly?	
9. Is s/he forgetting recent events or conversations?	
10. What social contacts does s/he have?	
11.	
12.	

Adapted from: Angela Heath, Long Distance Caregiving